

Summit Football Varsity

TEAM

May 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	1	2
	6:30 am FB Morning Weights		6:30 am FB Morning Weights	6:30 am FB Morning Weights		
3	4	5	6	7	8	9
	6:30 am FB Morning Weights		6:30 am FB Morning Weights	6:30 am FB Morning Weights		
10	11	12	13	14	15	16
	6:30 am FB Morning Weights		6:30 am FB Morning Weights	6:30 am FB Morning Weights		
17	18	19	20	21	22	23
	6:30 am FB Morning Weights		6:30 am FB Morning Weights	6:30 am FB Morning Weights		
24	25	26	27	28	29	30
		5:30 pm First Day of Spring Ball	6:30 am FB Morning Weights	6:30 am FB Morning Weights		
			5:30 pm Spring Ball Practice	4:30 pm Spring Ball Practice		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
	6:30 am FB Morning Weights	4:30 pm Spring Ball Practice	6:30 am FB Morning Weights	6:30 am FB Morning Weights		
	4:30 pm Spring Ball Practice		4:30 pm Spring Ball Practice	4:30 pm Spring Ball Practice		