

February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Team Meeting at Lunch	5	6	7
8	9	10 SAQ/Fun Strength 6:30-7:15AM	11	12 SAQ/Fun Strength 6:30-7:15AM	13	14
15	16	17 SAQ/Fun Strength 6:30-7:15AM	18	19 SAQ/Fun Strength 6:30-7:15AM	20	21
22	23	24 SAQ/Fun Strength 6:30-7:15AM	25	26 SAQ/Fun Strength 6:30-7:15AM	27	28

March 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 SAQ/Fun Strength 6:30-7:15AM	4	5 SAQ/Fun Strength 6:30-7:15AM	6	7
8	9	10 SAQ/Fun Strength 6:30-7:15AM	11	12 SAQ/Fun Strength 6:30-7:15AM	13	14
15	16	17 SAQ/Fun Strength 6:30-7:15AM	18	19 SAQ/Fun Strength 6:30-7:15AM	20	21
SPRING BREAK						
29	30	31 SAQ/Fun Strength 6:30-7:15AM				

April 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Camp Fundraiser Team Meeting after School 1:30 10 min	2 SAQ/Fun Strength 6:30-7:15AM	3	4
5	6	7 SAQ/Fun Strength 6:30-7:15AM	8	9 SAQ/Fun Strength 6:30-7:15AM Parent Meeting 7:00PM	10	11
12	13	14 SAQ/Fun Strength 6:30-7:15AM	15 Insert 6:30AM-7:15AM Open Field 6:00-8:00PM	16 SAQ/Fun Strength 6:30-7:15AM	17	18
19	20	21 SAQ/Fun Strength 6:30-7:15AM	22 Insert 6:30AM-7:15AM Open Field 6:00-8:00PM	23 SAQ/Fun Strength 6:30-7:15AM	24	25
26	27	28 SAQ/Fun Strength 6:30-7:15AM	29 Insert 6:30AM-7:15AM Open Field 6:00-8:00PM	30 SAQ/Fun Strength 6:30-7:15AM		

May 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 SAQ/Fun Strength 6:30-7:15AM	6 Insert 6:30AM-7:15AM Open Field 6:00-8:00PM	7 SAQ/Fun Strength 6:30-7:15AM	8	9
10	11	12 SAQ/Fun Strength 6:30-7:15AM	13 Insert 6:30AM-7:15AM Open Field 6:00-8:00PM	14 SAQ/Fun Strength 6:30-7:15AM	15	16
17	18 Camp Fees Due	19 SAQ/Fun Strength 6:30-7:15AM	20 Insert 6:30AM-7:15AM Open Field 6:00-8:00PM	21 SAQ/Fun Strength 6:30-7:15AM	22	23
24	25 Memorial Day	26 SAQ/Fun Strength 6:30-7:15AM Game Field 3:00-5:00	27 Insert 6:30AM-7:15AM Game Field 3:00-5:00	28 SAQ/Fun Strength 6:30-7:15AM Game Field 3:00-5:00	29	30 Youth Camp @ RHS 8:00-1:00
31						

June 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Game Field 3:00-5:00 7/7 prep O/Dline fundis	2 Game Field 3:00-5:00 7/7 prep O/Dline fundis	3 Game Field 3:00-5:00 7/7 prep O/Dline fundis	4 Game Field 3:00-5:00 7/7 prep O/Dline fundis	5 Game Field 3:00-5:00 7/7 prep	6
7 Mt View Air Raid Tournament Time TBA	8 Practice – Tshirts Game Field 3:00-6:00	9 Practice – Tshirts Game Field 3:00-6:00 Group A Gear Check	10 Practice – Tshirts Game Field 3:00-6:00 No OMS Group B Gear Check	11 Last Day School Practice – Tshirts Game Field 3:00-6:00 Group C/Frosh Gear Check	12 OFF	13
14 Helmets Only 6:00-7:00pm	15 Practice – Helmets Game Field 3:00-6:00 Offense Focus	16 Practice – Shells Game Field 3:00-6:00 Offense Focus	17 Practice – Full Game Field 3:00-6:00 Split Focus	18 Practice – Full Game Field 3:00-6:00 Defense Focus	19 Practice – Full Game Field 3:00-6:00 Defense Focus	20 Travel/Practice? Idaho 7/7
21 Idaho Team Camp	22 Idaho Team Camp	23 Idaho Team Camp	24 OFF	25 OFF	26 OFF	27
28	29 WGT Room 8-10AM Summit 7/7 Frosh/JV @ 4:30 Varsity @ 5:30 Self Transport	30 WGT Room 8-10AM Or WGT Room 6:30-8PM				

July 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 WGT Room 8-10AM Or WGT Room 6:30-8PM	2 WGT Room 8-10AM Or WGT Room 6:30-8PM	3	4
5	6 Wgt Room OFF Summit 7/7 Frosh/JV @ 4:30 Varsity @ 5:30 Self Transport	7 WGT Room 8-10AM Or WGT Room 6:30-8PM	8 WGT Room 8-10AM Or WGT Room 6:30-8PM	9 WGT Room 8-10AM Or WGT Room 6:30-8PM	10	11
12	13 WGT Room 8-10AM Summit 7/7 Frosh/JV @ 4:30 Varsity @ 5:30 Self Transport	14 WGT Room 8-10AM Or WGT Room 6:30-8PM	15 WGT Room 8-10AM Or WGT Room 6:30-8PM	16 WGT Room 8-10AM Or WGT Room 6:30-8PM	17	18
19	20 WGT Room 8-10AM Summit 7/7 Frosh/JV @ 4:30 Varsity @ 5:30 Self Transport	21 WGT Room 8-10AM Or WGT Room 6:30-8PM	22 WGT Room 8-10AM Or WGT Room 6:30-8PM	23 WGT Room 8-10AM Or WGT Room 6:30-8PM	24	25
26 DCF Fundraiser all week	27 WGT Room 8-10AM	28 WGT Room 8-10AM Or WGT Room 6:30-8PM	29 WGT Room 8-10AM Or WGT Room 6:30-8PM	30 WGT Room 8-10AM Or WGT Room 6:30-8PM	31	

August 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
MORATORIUM WEEK						
9	10 Offensive MTG/WT 4:30-5:30 Practice 600-800	11 Defensive MTG/WT 4:30-5:30 Practice 600-800	12 Offensive MTG/WT 4:30-5:30 Practice 600-800	13 Defensive MTG/WT 4:30-5:30 Practice 600-800	14 Team Movie/Pizza Night – 6:00	15
16	17 Practice #1 8:00-10:00 Practice #2 5:00-7:00	18 Weights 3:00-4:00 pm Off WT 4:15-4:45 Practice #3 5:00-7:00	19 Practice #4 8:00-10:00 Practice #5 5:00-7:00	20 Weights 3:00-4:00 pm Def WT 4:15-4:45 Practice #6 5:00-7:00	21 Practice #7 8:00-10:00 Practice #8 5:00-7:00	22 Scrimmage 9:00-11:00
23	24 Practice #10 8:00-10:00 Practice #11 5:00-7:00	25 Weights 3:00-4:00 pm Off WT 4:15-4:45 Practice #12 5:00-7:00	26 Practice #13 8:00-10:00 Practice #14 5:00-7:00	27 Weights 3:00-4:00 pm Practice #15 4:30-5:45 6:00 Card Blitz	28 @ Lebanon	29
30	31					